



The Philosophy of Living; Or, the Way to Enjoy Life and Its Comforts

By Caleb Ticknor

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1836 Excerpt: . one can, in all respects, supply her place. If, then, it becomes necessary that a child draw its sustenance from some other breast than its mother s, let a perfectly healthy nurse be obtained; and above all, let her be of an amiable temper, good character, and of regular habits. The breast milk differs at different times, so that it may be improper for the child. 1st. As has been before mentioned in respect to food--a purely vegetable diet rendering the milk unhealthy, and causing pain and griping in the child s bowels, which is often relieved by using a diet composed in part of animal food. 2d. In respect to time of digestion. Towards the twelfth hour after eating, the milk becomes thick and yellowish, and is spit out by the child; hence the meals should be taken regularly, that a healthy secretion of...

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