



## Physician, Heal Thyself: The Oxygen Mask Principle

By William F Johnson

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Pastors, doctors, nurses and others care givers who give of themselves are subject to serious burn out, depression, and compassion fatigue, which may lead to physical and emotional illness, addiction, dependence, and loss of moral compass. Surveys have shown that fifteen hundred pastors leave the ministry each month due to moral failure, spiritual burnout, or contention in their churches. Fifty percent of pastors marriages will end in divorce. Similar statistics are available for medical professionals. This book provides methods to avoid burn out and other ministry traps which cause givers to become wounded and depressed.

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