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PASE LO QUE PASE, NO ES EL FIN DEL MUNDO



BOOKS4POCKET EDITORIAL, 2015. Condition: Nuevo. Resiliencia para momentos de crisisJoan Borysenko, figura de referencia en el campo de la medicina integrativa, dedica su nuevo libro a un tema de máximo interés en estos tiempos de cambio: la capacidad de superar circunstancias difíciles. Pase lo que pase no es el fin del mundo enseña al lector a pensar y actuar como lo hacen las personas resilientes al tiempo que ofrece un método sencillo, práctico y brillante para convertir las crisis en...

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- Authored by Borysenko, Joan
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