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Vital Friends: The People You Can t Afford to Live Without

By Tom Rath

BRILLIANCE AUDIO, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. What s the quickest way to ruin a friendship? Can bosses actually learn something from marriages? Are very close friendships in the workplace such a bad thing? These are just a few of the questions that #1 New York Times bestselling author Tom Rath asked when he embarked on a massive study of friendships. Along with several leading researchers, Rath pored through the literature, conducted several experiments, and analyzed more than 5 million interviews from Gallup s worldwide database. His team s discoveries produced Vital Friends, a book that challenges long-held assumptions people have about their relationships. And the team s landmark discovery -- that people who have a best friend at work are seven times as likely to be engaged in their job -- is sure to rattle the structure of organizations around the world. Drawing on research and case studies from topics as diverse as marriage, management, and architecture, Vital Friends reveals what s common to all truly essential friendships: a regular focus on what each person is contributing to the friendship -- rather than the all-too-common approach of expecting one person to be everything. The...



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