

## Homemade Bread: 30 Easy Recipes for Excellent Baking at Home: (Baking Recipes, Bread Baking Techniques, Bread Recipes) (Paperback)



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### **Reviews**

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*(Dr. Garnett McLaughlin II)*

## **HOMEMADE BREAD: 30 EASY RECIPES FOR EXCELLENT BAKING AT HOME: (BAKING RECIPES, BREAD BAKING TECHNIQUES, BREAD RECIPES) (PAPERBACK)**



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Homemade Bread: 30 Easy Recipes For Excellent Baking At Home Bread is one of the most used food items in our daily life. Different types of bread are available in the market. However, homemade bread is always different. They taste more special as they are made from gourmet ingredients. You can add different ingredients as per your wish and make the bread more delicious. In this review, we will be addressing some of the choicest bread recipes that are delicious as well as healthy. You can prepare this bread for breakfast as well as for lunch. Since they contain more nutrients, they are healthier than the bread you get from the market. The first raised bread was probably the result of the oversight by the baker; perhaps he left his mixture in the sun. He then discovered that the fermented mixture had swollen, giving it an airy kind of texture. After the Egyptians discovered this, they began to bake their bread systematically. Thus they obtained loaves of bread like what we enjoy today. This new way of baking bread soon made the tour of the Mediterranean, reaching Greece and the Roman Empire: an indispensable food had been born! Bread is made of yeast, water, flour and salt, containing virtually no fat and contains proteins, vitamins B, and mineral salts. It is also one of the most difficult carbohydrate foods; it is much higher per proportion than potatoes and pasta. All bread bring fiber, not just whole meal bread. You will certainly have no shortage of different types of bread to try in this bread recipe cookbook.

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