



Top Tips for Fussy Eaters

By Gina Ford

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Top Tips for Fussy Eaters, Gina Ford, All parents want their toddlers to be healthy, happy eaters but mealtimes can often end in a battle of wills. Gina Ford's Top Tips for Fussy Eaters offers parents practical, straightforward advice on turning those difficult mealtimes into happy family occasions. Gina's no-nonsense quick and easy tips will help you to: - create food that is fun to eat, yet healthy and nutritious - make mealtimes less stressful - encourage your child to eat fruit and vegetables. This handy parenting guide offers sensible solutions to help you cope with your little fussy eater, encourage healthy eating and banish tantrums at mealtimes for good.



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